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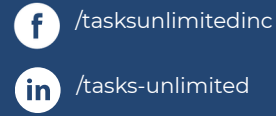


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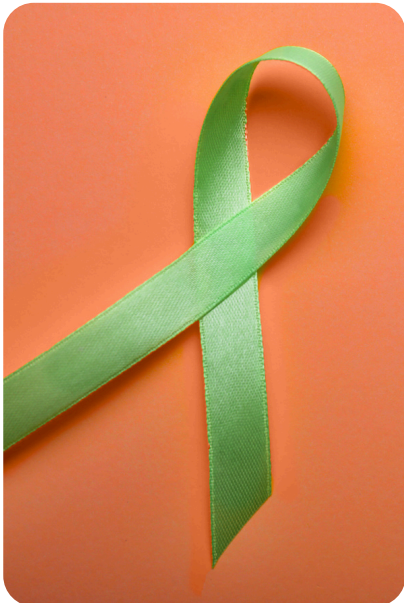


Guided by the Fairweather Model, Tasks Unlimited provides supported employment, housing and recovery services to create opportunities for people with mental illness so they can achieve their full potential.



THE UNLIMITEDITION

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May is Mental Health Awareness Month

May is Mental Health Awareness Month—a reminder that mental health matters, and recovery is possible. At Tasks Unlimited, we see this every day as people with mental illness build stability, confidence, and hope through work, housing, and supportive relationships. Mental health challenges can affect anyone, but with the right support, individuals can move forward and thrive. This month invites us all to lead with empathy—listening without judgment, checking in on one another, and recognizing the strength it takes to keep going. Thank you for being part of a community that believes support changes lives.



Charli's Story: and Stability's Tipping Point

When earning income puts essential supports at risk, this is known as the benefits cliff. As wages increase, people can suddenly lose healthcare, housing assistance, or food benefits, often before their paycheck is enough to cover those costs. For people living with serious mental illness, this creates a fragile balance. Working can mean moving forward, but one disruption can quickly undo everything.

Charli worked hard to reach that balance. After years of instability, he secured steady employment and began relying less on public benefits. His job gave him routine, income, and a sense of independence. But like many people climbing past the benefits cliff, Charli had no financial cushion.

When his car's radiator failed, Charli did not have the savings to fix it. Without transportation, he could not get to work. Missing shifts put his job at risk. Losing his job would have meant losing income and stability, and being forced back onto the benefits he had worked so hard to move beyond.

Staff at Tasks Unlimited recognized that this was not just a car problem. It was a tipping point. Through short-term emergency support, Tasks helped cover the cost of the repair before the situation became a crisis. With his car fixed, Charli kept his job and stayed on his path forward.

Charli's story shows how easily progress can unravel. Even after overcoming the benefits cliff, he and many others remain one unexpected expense away from losing it all. The Client Emergency Needs Fund helps prevent that slide backward by providing quick support when stability is on the line.



Support Success

Help Meet Everyday Needs

Small, practical items can make a big difference for people working toward stability in housing, employment, and mental health. Donations from our Wish List help ensure that clients have the basics they need to feel safe, comfortable, and at home.

Current high-need items include:

- Personal care items (shampoo, deodorant, toothbrushes, shaving supplies)
- Household cleaning supplies (all-purpose cleaner, dish soap, paper towels)
- Linens and bedding (twin sheet sets, pillows, towels)
- Small appliances (microwaves, vacuums, irons)
- Gym shoes (sizes 7-13)

All items are distributed to clients and programs with the greatest need, helping prevent small gaps from becoming major setbacks. We gratefully accept new, unused items, and occasionally gently used items. Thank you for helping turn housing into home and stability into a new beginning.

If you would like to donate items, please email Joanna at jthompson@tasksunlimited.org